WITH THE PATRONAGE OF:

- Parkinson
- Alzheimer
- FONDAZIONE SYNAPSIS

WITH THE UNCONDITIONAL SUPPORT OF:

- Eisa
- Biogen

ORGANIZING SECRETARY

ANDREA BARZAGO
andrea.barzago@europeansleepfoundation.ch
www.europeansleepfoundation.ch

LOCAL ORGANIZER

PROF. CLAUDIO BASSETTI
President of the ESF
Chairman, Neurology Department
Bern University Hospital, Inselspital
Dean of Medical Faculty, University Hospital, 3010 Bern, Switzerland

For more information:
www.europeansleepfoundation.ch/event/think-tank-2021

WORLD SLEEP FORUM 2021
5th THINK TANK
NEURODEGENERATION AND SLEEP

27-29 MAY 2021
VIRTUAL MEETING
THURSDAY, 27TH MAY 2021

PUBLIC KEY-NOTE LECTURES
14.00 Introduction - C. Bassetti (CH)
14.15 Effect of sleep on CSF amyloid B. Lucey (US)
14.45 Sleep duration and cognition A. Spira (US)
15.15 Local sleep and Alzheimer’s disease B. Mander (US)
15.45 Break
16.15-19.15 WORSHOP 1 (in parallel)
BASIC MECHANISM OF NEURODEGENERATION RELATED TO SLEEP
Coordinator: S. Saxena (CH), B. Lucey (US)
16.15-19.15 WORSHOP 2 (in parallel)
SLEEP DURATION, INSOMNIA AND OTHER SLEEP AND CIRCADIAN DISORDERS IN ALZHEIMER DISEASE
Coordinator: A. Spira (US), O. Franco (CH)
12.00 Break

FRIDAY, 28TH MAY 2021

09.00-12.00 WORSHOP 3 (in parallel)
SLEEP APNEA, COGNITION AND RISK OF DEMENTIA
Coordinator: I. Rosenzweig (UK), L. Ferini-Strambi (IT)
09.00-12.00 WORSHOP 4 (in parallel)
REM SLEEP BEHAVIOR DISORDER IN PARKINSONISM AND DEMENTIA
Coordinator: A. Iranzo (ES), C. Trenkwalder (D)
15.45 Break
16.15-19.15 WORSHOP 5 (in parallel)
NEW DIAGNOSTIC AND TREATMENT APPROACHES FOR SLEEP AND CIRCADIAN DISORDERS IN DEMENTIA
Coordinator: C. Bassetti (CH), C. Baumann (CH)

SATURDAY, 29TH MAY 2021

09.00 General discussion and preparation of the draft for the publication All attendees
12.00 Closing remarks

WORKSHOPS PARTICIPANTS

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OBSERVER
F. TRACIK (BIOGEN INTERNATIONAL)