

WITH THE PATRONAGE OF:



FONDAZIONE SYNAPSIS

ORGANIZING SECRETARY



EUROPEAN SLEEP FOUNDATION

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www.europeansleepfoundation.ch



For more information:

www.europeansleepfoundation.ch/event/think-tank-2021

WITH THE UNCONDITIONAL
SUPPORT OF:



hvc Human Health Care



LOCAL ORGANIZER

PROF. CLAUDIO BASSETTI
President of the ESF

Chairman, Neurology Department
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European Sleep Foundation
Fondazione Europea Sonno



v 4.0 08/02/2021

DRAFT PROGRAM



WORLD SLEEP FORUM 2021

5th THINK TANK NEURODEGENERATION AND SLEEP

27-29 MAY 2021
VIRTUAL MEETING

 **THURSDAY, 27TH MAY 2021**

 **PUBLIC KEY-NOTE LECTURES**

- 14.00 Introduction - *C. Bassetti (CH)*
14.15 Effect of sleep on CSF amyloid
B. Lucey (US)
14.45 Sleep duration and cognition
A. Spira (US)
15.15 Local sleep and Alzheimer's disease
B. Mander (US)

15.45 *Break*

16.15-19.15 **WORKSHOP 1 (in parallel)**
**BASIC MECHANISM OF NEURODEGENERATION
RELATED TO SLEEP**

 *Coordinator: S. Saxena (CH), B. Lucey (US)*

16.15-19.15 **WORKSHOP 2 (in parallel)**
**SLEEP DURATION, INSOMNIA AND OTHER
SLEEP AND CIRCADIAN DISORDERS IN
ALZHEIMER DISEASE**

 *Coordinators: A. Spira (US), O. Franco (CH)*

 **FRIDAY, 28TH MAY 2021**

09.00-12.00 **WORKSHOP 3 (in parallel)**

**SLEEP APNEA, COGNITION AND
RISK OF DEMENTIA**

 *Coordinators: I. Rosenzweig (UK), L. Ferini-Strambi (IT)*

09.00-12.00 **WORKSHOP 4 (in parallel)**

**REM SLEEP BEHAVIOR DISORDER IN
PARKINSONISM AND DEMENTIA**

 *Coordinators: A. Iranzo (ES), C. Trenkwalder (D)*

12.00 *Break*

 **PUBLIC KEY-NOTE LECTURES**

- 14.00 Introduction - *L. Ferini-Strambi (IT)*
14.15 Risk and predictors of dementia and
parkinsonism in idiopathic REM sleep
behaviour disorder - *A. Iranzo (ES)*
14.45 Sleep apnoea and the brain: a complex
relationship - *I. Rosenzweig (UK)*
15.15 Treatment approaches for sleep
disturbances in Parkinson disease
A. Videnovic (US)

15.45 *Break*

16.15-19.15 **WORKSHOP 5 (in parallel)**
**NEW DIAGNOSTIC AND TREATMENT
APPROACHES FOR SLEEP AND CIRCADIAN
DISORDERS IN DEMENTIA**


 *Coordinators: C. Bassetti (CH), C. Baumann (CH)*


 **SATURDAY, 29TH MAY 2021**

09.00 General discussion and preparation
of the draft for the publication
All attendees

12.00 Closing remarks

**WORKSHOPS
PARTICIPANTS**

 R. CHOWDHURY
L. LEWIS
B. LUCEY
B. MANDER
A. SPIRA
H. TIEMEIER
A. VIDENOVIC

 C. BASSETTI
C. BAUMANN
O. FRANCO
O. GNARRA
P. KRACK
M. MANCONI
T. NEF
D. NOAIN
S. SAXENA

 L. FERINI-STRAMBI
C. LIGUORI

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W. RANDEATH
C. TRENKWALDER

 I. ROSENZWEIG
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 A. IRANZO

OBSERVER

 F. TRACIK
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