

Large scale sleep pattern recognition

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What is this talk about?

Machine learning for sleep monitoring and understanding

- ▶ Automation of sleep scoring for high-throughput studies
- ▶ Computational modeling of sleep for acquiring new biological insights

Case studies – our present and future work

- Introduction
- Automated sleep scoring from EEG/EMG
- Computational modeling of sleep mechanics

Introduction

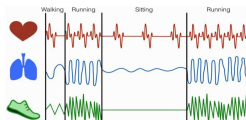
Our research interests

- ▶ Dynamical systems
 - Mathematical modeling of time-varying phenomena
 - Statistical inference of parametrized models
 - Structured and interpretable prediction
- ▶ Learning of graph structures and dependencies
- ▶ Sensor fusion – learning from multimodal data
- ▶ Learning for control applications
- ▶ etc.

Our research interests

ETH

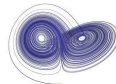
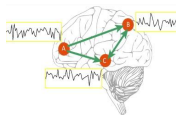
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Time series pattern recognition



**Discovering causal dependencies
and communities in graphs**



**Modeling and statistical
inference in dynamical systems**



**Learning to control complex
dynamical systems**

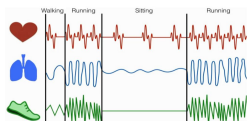
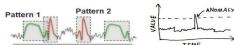
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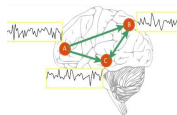
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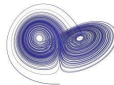
Time series pattern recognition



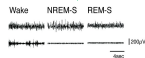
**Discovering causal dependencies
and communities in graphs**



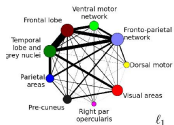
**Learning to control complex
dynamical systems**



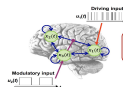
**Modeling and statistical
inference in dynamical systems**



**Vigilance state
classification**



**Sleeping Brain
state clustering**



**Modeling of brain dynamics and
neural populations during sleep**

$$\frac{dx}{dt} = \left(A + \sum_{i=1}^m u_i \theta^{(i)} + \sum_{j=1}^n x_j \theta^{(j)} \right) x + C u$$



Audio-control of sleep

Applications to sleep analytics

Current collaborations



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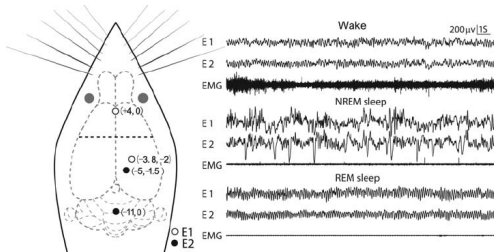
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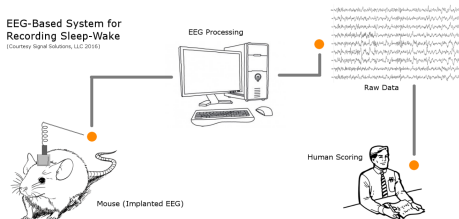
Automated sleep scoring from EEG/EMG

Sleep scoring in animals



- ▶ Sleep monitoring in animals is commonly done through vigilance state classification of EEG/EMG recordings
- ▶ EEG/EMG signals are partitioned into short epochs of equal size
- ▶ Each epoch is then individually scored accordingly, w.r.t. corresponding vigilance state

Sleep scoring in animals



Typical experimental pipeline:

1. Perform "intervention" on an animal subset
2. Record EEG/EMG signals over some period of time
3. Manually score EEG/EMG
4. Perform statistical posthoc analysis on scored data

Manual sleep scoring is a bottleneck

- ▶ Slow!
- ▶ Laborious
- ▶ Prone to human errors
- ▶ Non-standardized
- ▶ Decoupled from posthoc analysis

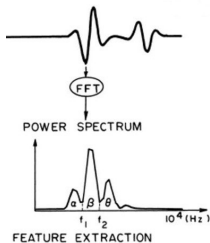
Some research efforts aim to replace visual inspection

- ▶ Automation of sleep scoring for both animals* and humans
- ▶ Current state-of-the-art solution offer promising prediction performance
- ▶ Some generalization issues of current solutions still remain

*Sunagawa, G. A., Sei, H., Shimba, S., Urade, Y., & Ueda, H. R. (2013). FASTER: an unsupervised fully automated sleep staging method for mice. *Genes to Cells*, 18(6), 502-518.

Current solutions take 2-step approach

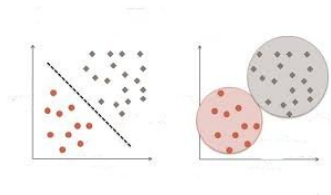
1. Feature extraction



- ▶ Features = frequency band energies

2. Classification

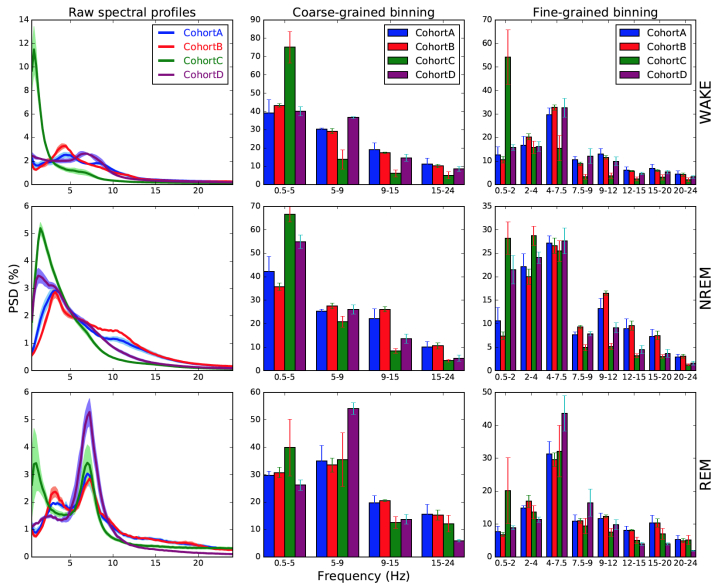
- ▶ Supervised classification (e.g. using SVMs or RFs)
- ▶ Clustering techniques for unsupervised learning



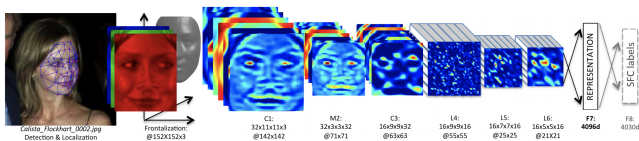
Problems with 2-step approach

- ▶ Feature inconsistency
- ▶ Different distribution for different cohorts

Problem: feature inconsistency across animal cohorts



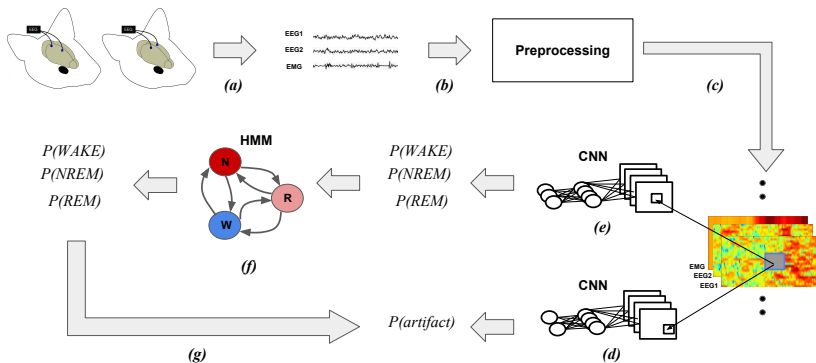
- ▶ "End-to-end" deep learning framework to combine the two steps
- ▶ Convolutional neural networks achieve translational invariance



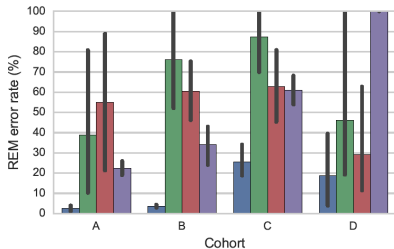
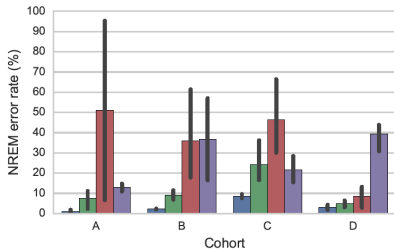
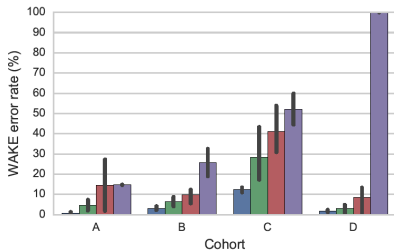
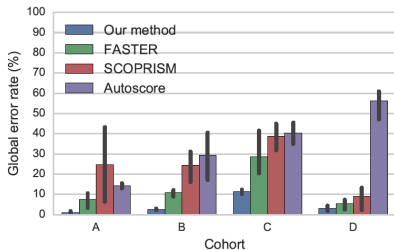
DeepFace architecture for facial recognition *

*TAIGMAN, Yaniv, et al. Deepface: Closing the gap to human-level performance in face verification. In: Proceedings of the IEEE conference on computer vision and pattern recognition. 2014. S. 1701-1708.

Our proposal pipeline (paper under review)

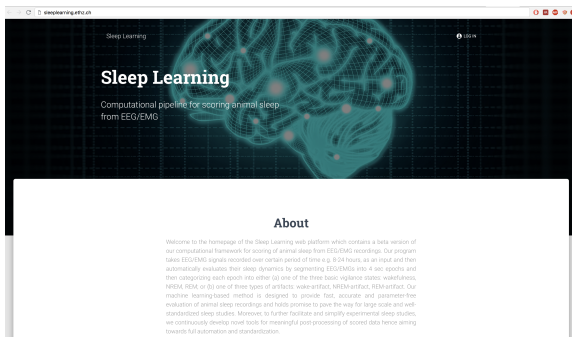


Performance comparison with other solutions



Publicly available web service

<http://sleeplearning.ethz.ch/>



- ▶ "Plug and play" framework
- ▶ Seamless integration with downstream analysis
- ▶ Simple and efficient interaction with sleep practitioners
- ▶ Possibility to include meta information

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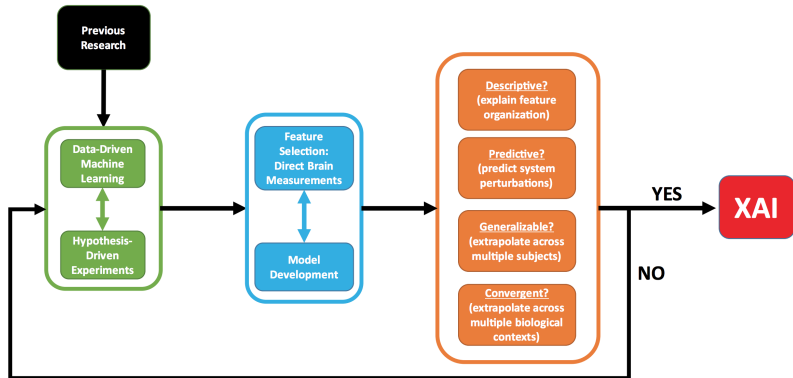
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Name	Status	Uploaded	Actions		
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animal2.edf	Waiting to upload	In Progress			
animal1.edf	Processing	Sep 17, 2018 11:40 PM			



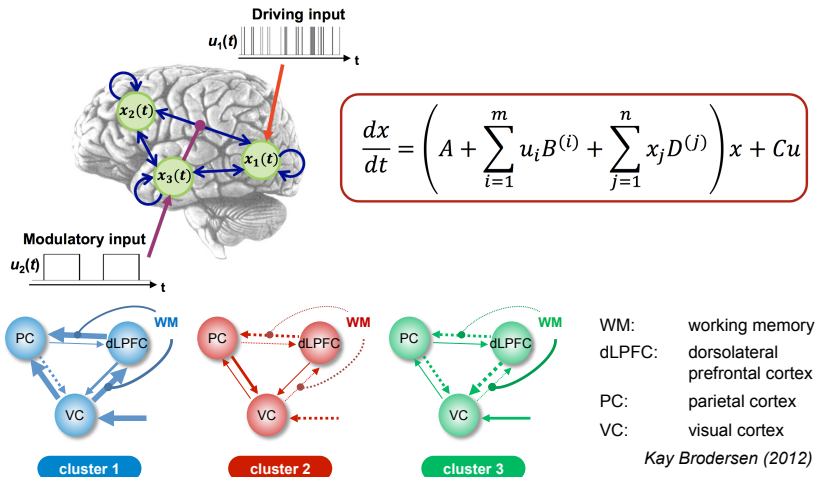
Computational modeling of sleep mechanics

Machine learning and neuroscience: shared vision



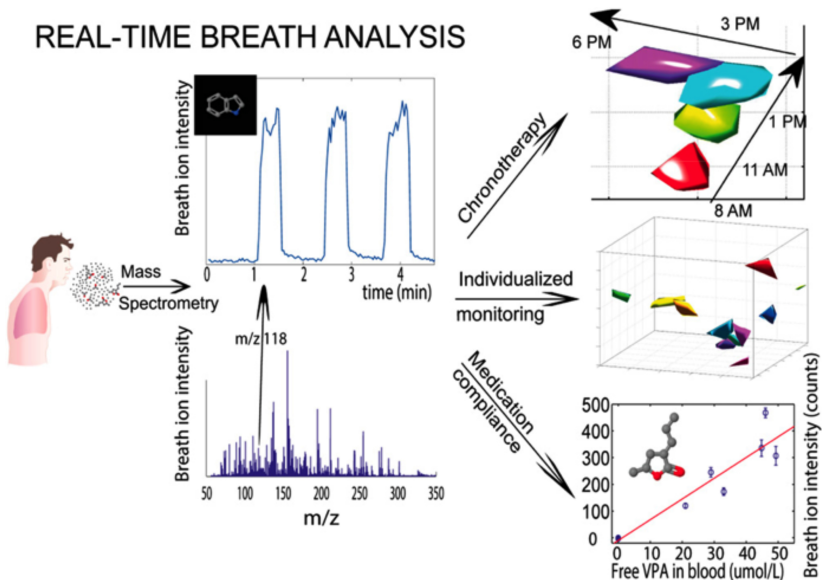
Vu et al. "A shared vision for machine learning in neuroscience." Journal of Neuroscience, 2018

Mechanism behind Neurodegenerative Diseases *



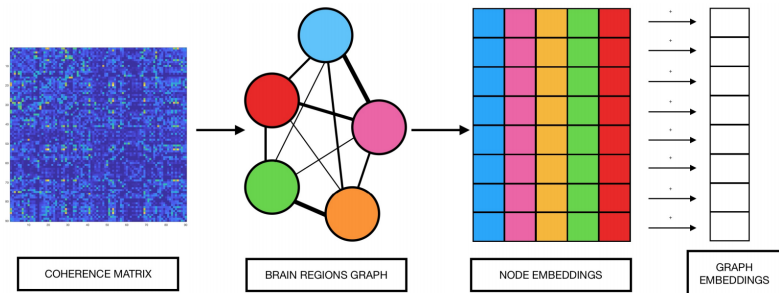
* Ongoing work with Klaas Enno Stephan, Nico Gorbach, Frances Hubis, Joachim M. Buhmann

REAL-TIME BREATH ANALYSIS



*Ongoing work with Pablo Sinues, Steven Brown

Sleeping Brain State Clustering



Joint work with Emily Coffey, Steffen Gais, Jan Born.



Modeling of whole Brain Dynamics

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Interventional Studies based on Sleep Scoring

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Interventional Studies based on Sleep Scoring

Computational Modeling of Sleep

e.g. Costa et al. "A thalamocortical neural mass model of the EEG during NREM Sleep and its response to auditory stimulation." *PLoS computational biology*, 2016

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Meta-Data for Server

e.g. Niwa et al. "Muscarinic Acetylcholine Receptors Chrm1 and Chrm3 Are Essential for REM Sleep." *Cell reports*, 2018.

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Usage of the Sleep Server

Questions?